

## Flow Chart-

# Here I Am- Identifying My Real & Ideal Situation, In and Out of the Classroom

**Opening Story: Cock-a-Doodle-Doo**

**Passions, Strengths and Self-Esteem!**

**The Extensive Guide**

**Surviving Primary School.**



**“Simply Me” Writing about Myself**

**An Exercise: My Identification Circle,**

**from the book**

**Passions, Strengths and Self-Esteem.**

**The Extensive Guide**

**Surviving Primary School.**



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**Who got an even circle?**



**Who got a big circle?**



**Building the Class Identification Circle on  
the floor using masking tape  
and pieces of paper labeled with the names of  
the different areas.**



**Choose an area for which you  
gave yourself a high rating, and stand in it.**



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**Who wants to share with us about the area  
they were standing in?**



**What can we learn from this? Why did certain  
areas get high ratings?**



**Choose an area for which you gave yourself  
a low rating, and stand in it.**



**Who wants to share with us about the area  
they were standing in?**



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**What can we learn from this? Why did certain areas get high ratings?**



**What are we going to do about it, and how do we improve low rated areas?**



**All you have to do is to answer three simple questions:**

- **What is your loss having a low rating in this area?**
- **What do you gain from having a low rating in this area?**
- **What can you do differently?**



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## Homework



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