



Flow Chart-

**Here I Am- Identifying My Real & Ideal
Situation, In and Out of the Classroom**

**Opening Story: Cock-a-Doodle-Do
Passions, Strengths and Self-Esteem!
The Extensive Guide
Surviving Primary School.**



**“Simply Me” Writing about Myself
An Exercise: My Identification Circle,
from the book
Passions, Strengths and Self-Esteem.
The Extensive Guide
Surviving Primary School.**



Who got an even circle?



Who got a big circle?



Building the Class Identification Circle on the floor using masking tape and pieces of paper labeled with the names of the different areas.



Choose an area for which you gave yourself a high rating, and stand in it.



Who wants to share with us about the area they were standing in?



What can we learn from this? Why did certain areas get high ratings?



Choose an area for which you gave yourself a low rating, and stand in it.



Who wants to share with us about the area they were standing in?



What can we learn from this? Why did certain areas get high ratings?



What are we going to do about it, and how do we improve low rated areas?



All you have to do is to answer three simple questions:

- **What is your loss having a low rating in this area?**
- **What do you gain from having a low rating in this area?**
- **What can you do differently?**



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Homework



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