

Flow Chart:

Simply Us - Embracing Diversity, Preventing Bullying & Ostracism

Opening Game – The Power Circle

Questions for the class:

What sort of bullying or violence against other children occurs in your class?

Bullying, physical and verbal abuse, and ostracism Worksheet:

*Simply Me – Surviving Primary School,
Peer Pressure Vs. True Friends, Writing about Myself, p. 85.*

Peer Pressure: Past and Present,

*Simply Me – Surviving Primary School,
Peer Pressure Vs. True Friends, Writing about Myself, p. 81.*

Story: All Because of a Little Heater, Simply Me Podcast.

Story: Charisma,

*Simply Me – Surviving Primary School,
Peer Pressure Vs. True Friends, p. 41.*

Story: The Bribe,

*Simply Me – Passions, Strengths, & Self-Esteem!
The Extensive Guide, pp. 20-24.*

Discussion: Anyone who has ever been bullied or experienced any kind of violence against them, please raise your hand.

In brief:

- What happened?
- How did you feel?
- What did you do?

**Why do you think some kids bully, pick on,
and abuse certain other kids?**

**Why do you think certain kids are picked on and made fun of,
and not others?**

Why do you think the bystanders go along with the bully?

Milgram's Experiment:

What can we learn from Milgram's experiments and how are they
connected to ostracism and to violence in general?

Main Game – Bullies and Victims

Quiz: Are Your Friends a Bad Influence on You?

*Simply Me – Surviving Primary School,
Peer Pressure Vs. True Friends, Writing about Myself, p. 89.*

Quiz: Do You Take Advantage of People?

*Simply Me – Surviving Primary School,
Peer Pressure Vs. True Friends, p. 16.*

Homework:

**Bullying, physical and verbal abuse,
exclusion and isolation Worksheet:**

*Simply Me – Surviving Primary School,
Peer Pressure Vs. True Friends, Writing about Myself, p. 85.*