

## Flow Chart:

### **Simply Us - Embracing Diversity, Preventing Bullying & Ostracism**

#### **Opening Game – The Power Circle**

##### **Questions for the class:**

What sort of bullying or violence against other children occurs in your class?

##### **Bullying, physical and verbal abuse, and ostracism Worksheet:**

*Simply Me – Surviving Primary School,  
Peer Pressure Vs. True Friends, Writing about Myself, p. 85.*

##### **Peer Pressure: Past and Present,**

*Simply Me – Surviving Primary School,*

*Peer Pressure Vs. True Friends, Writing about Myself, p. 81.*



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**Story: All Because of a Little Heater, Simply Me Podcast.**

**Story: Charisma,**  
*Simply Me – Surviving Primary School,  
Peer Pressure Vs. True Friends, p. 41.*

**Story: The Bribe,**  
*Simply Me – Passions, Strengths, & Self-Esteem!  
The Extensive Guide, pp. 20-24.*

**Discussion: Anyone who has ever been bullied or experienced  
any kind of violence against them, please raise your hand.**

**In brief:**

- What happened?
- How did you feel?
- What did you do?

**Why do you think some kids bully, pick on,  
and abuse certain other kids?**

**Why do you think certain kids are picked on and made fun of, and not others?**

**Why do you think the bystanders go along with the bully?**

### **Milgram's Experiment:**

What can we learn from Milgram's experiments and how are they connected to ostracism and to violence in general?

### **Main Game – Bullies and Victims**

### **Quiz: Are Your Friends a Bad Influence on You?**

*Simply Me – Surviving Primary School,  
Peer Pressure Vs. True Friends, Writing about Myself, p. 89.*

### **Quiz: Do You Take Advantage of People?**

*Simply Me – Surviving Primary School,  
Peer Pressure Vs. True Friends, p. 16.*



**Homework:**

**Bullying, physical and verbal abuse,  
exclusion and isolation Worksheet:**

*Simply Me – Surviving Primary School,*

*Peer Pressure Vs. True Friends, Writing about Myself, p. 85.*



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