

Flow Chart -

Introducing the **SimplyMe** Model

Story: The Race

In Passions, Strengths and Self-Esteem.

The Extensive Guide

Surviving Primary School.



What does it mean to me to be

‘Simply Me’?

Worksheet — ‘Simply Me’ Writing about Myself:

In Passions, Strengths and Self-Esteem.

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Surviving Primary School.



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Do you think it is hard to be ‘Simply Me’?



Why is it so hard to be ‘Simply Me’?



What is the “Simply Me” Model?



If you understand what point A is, what do you think point B represents?



As you can see path C leads from A to B.

What is path C?



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The Opening Game: 'Expectations'



The Main Game –

'The Year Gone By' Worksheet: 'Simply Me'

Writing about Myself

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**What did you feel answering the questions
about the year gone by?**



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A Closing Game –
My ‘ID Card’ Worksheet:
‘Simply Me’ Writing about Myself:
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